

5. COMPREHENSIVE AESTHETIC AND BEAUTY



Revitalize and enhance your health and biological balance to improve your skin and overall well-being..

*February 15 - 19, 2025
May 1 - 5, 2025*

If you want to enhance your health at a cellular level, leave bad habits aside and recover your physical abilities



Through this program, we seek to enhance your inner beauty so that it is reflected in your appearance using effective therapies under the supervision of professionals of the field.

The human body has the innate ability to regenerate its cells, but this function is often hindered by bad habits that generate excess toxins, affecting their optimal functioning.

Objectives

Recover the health of your body naturally, enhancing its functionality through the combination of natural therapies and nutrition. Our goal is to optimize health by restoring the proper functioning of our body systems, reflected in our skin and general well-being.

Recommended for

If you want to enhance your health at a cellular level, leave bad habits aside and recover your physical abilities.

Methodology

Through the supervision and advice of our team of professionals, we seek an approach to new healthy habits, through:

- A personalized nutrition and health plan.
- Natural and technological therapies focused on aesthetics.
- Lifestyle recommendations, with activities that allow learning new healthy habits.

Program Activities: Activity – 5 days / 4 nights*

Welcome Ceremony

Stress and electromagnetic field evaluation

Colon Cleansing

Yoga and Pilate Classes

Ceremony of the Elements*

Sound Healing

Spa

Lymphatic Drainage with Indiba

Facial

Body Wraps

Relaxing Massages

Photon Therapy

Detox Nutrition

Accommodation

*Option to extend for 4 more days.